

- PHOSPHORUS FREE CALCIUM COATING
- UNIQUE SHAPE AND SIZE PERMIT EASE IN SWALLOWING
- ONE DAILY PRENATAL DIETARY SUPPLEMENT

**CALINATE-FA** is a comprehensive formula of vitamins and minerals with Folic Acid for dietary supplementation during pregnancy and lactation.

Each tablet contains:

Calcium (Calcium Carbonate 625 mg.)..... 250 mg.  
Vitamin A (Palmitate)..... 4000 USP Units  
Vitamin D<sub>3</sub> (Calciferol)..... 400 USP Units  
Thiamine Mononitrate (Vitamin B<sub>1</sub>)..... 3 mg.  
Riboflavin (Vitamin B<sub>2</sub>)..... 3 mg.  
Pyridoxine HCl (Vitamin B<sub>6</sub>)..... 5 mg.  
Cyanocobalamin (Vitamin B<sub>12</sub>)..... 1 mcg.  
Folic Acid..... 1 mg.

Ascorbic Acid (Vitamin C) (As Sodium Ascorbate).....	50 mg.
Niacinamide.....	20 mg.
d-pantthenol.....	1 mg.
Iron (From Ferrous Fumarate).....	60 mg.
Iodine (From Potassium Iodide).....	0.02 mg.
Manganese (From Manganese Oxide).....	0.2 mg.
Magnesium (From Magnesium Oxide).....	0.2 mg.
Zinc (From Zinc Oxide).....	0.1 mg.
Copper (From Cupric Oxide).....	0.15 mg.

**CLINICAL ADVANTAGES:** ONE A DAY adequate dietary supplements of vitamins, iron, minerals. Phosphorus-free calcium.

**INDICATION:** Vitamin-mineral dietary supplement during pregnancy and lactation.

**PRECAUTION:** Folic Acid may obscure pernicious anemia in that the peripheral blood picture may revert to normal while neurological manifestations remain progressive.

**DOSAGE:** As dietary adjunct in nutritional stress associated with pregnancy and lactation, one tablet daily before a meal, or as directed by physician.

**AVAILABLE:** Bottles of 100 NDC-0063-1139-06  
Bottles of 1000 NDC-0063-1139-09

**CAUTION — FEDERAL LAW PROHIBITS DISPENSING WITHOUT PRESCRIPTION.**